



# Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation

**1-888-HURTLINE**



SE HABLA ESPAÑOL

April Newsletter 2023

[www.kalfusnachman.com](http://www.kalfusnachman.com)

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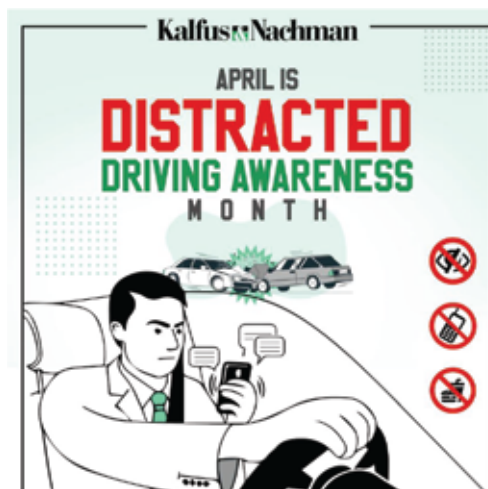
## Your April Message From Attorney Paul Hernandez



[Click here to play the video](#)

## Distracted Driving is Easier Than Ever

As more high-tech features continue to be added to our cars, it's becoming clear that many of these advances are causing an increase in distracted driving. Consider this: according to AAA, drivers who take their eyes off the road for two seconds double their chances of being in a car accident. A new study by the AAA Foundation for Traffic Safety showed that drivers were visually distracted for 40 seconds when engaged in tasks such as entering a destination in a navigation system or sending a text message. Many of today's vehicles allow you to make phone calls, access music or podcasts, and other infotainment actions that drivers should not be engaged in. Certain navigation services even ask you to validate whether a road condition is still correct, which requires you to take your eyes off the road to click on the appropriate box on the phone!



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### Our Offices

#### Norfolk

Military Circle  
870 North Military Highway,  
Suite 300  
Norfolk, VA 23502  
757.461.3303

#### Newport News

11719 Jefferson Ave.  
Newport News, VA 23606  
757.245.4878

#### Roanoke

Southwest Virginia  
1322 Plantation Road  
Roanoke, VA 24012  
540.343.4878

Call 1-888-hurtline or visit us  
[www.kalfusnachman.com](http://www.kalfusnachman.com)

We service Virginia and North Carolina

### Follow us...



....continued from page 1 **Distracted Driving is Easier Than Ever**

It's also important to note that hands-free does not mean distraction-free. In addition to visual and manual distraction, there is a cognitive distraction. This means a complex or intense phone conversation, for example, can distract your brain enough to cause you to lose valuable reaction time in the case of a road emergency.

**Dangers from distracted driving include:**

- Loss of focus on the road
- Swerving
- Abrupt braking
- Missing directional signs
- Going through red lights or stop signs.

Accidents that result from distracted driving can cause devastating injuries. If you or a loved one are a victim of a distracted driving crash, our firm is here to help. Our experienced attorneys have successfully prosecuted many cases similar to yours. We will help you choose the best course of legal action and then fight for you to get the compensation you need to cover all expenses and lost wages associated with the accident and the pain and suffering you've endured.

If you or a family member has been injured in a [pedestrian accident](#), [bicycle accident](#) or [car accident](#), or any [personal injury](#) or has been denied [Social Security Disability benefits](#), it's important to get an attorney experienced in these types of cases involved immediately. Call **888-Hurtline (487-5463)** for your initial free consultation. [Kalfus & Nachman PC](#), a [Personal Injury Attorney in Norfolk](#), can help you determine whether you need a lawyer for any personal injury case.

## Attorney Paul Hernandez Talks to Teens



**Welcome**  
to our team



**BRIAN A. THOMASSON, ESQ.**  
“Representing victims of personal injuries for over 25 years.”

## Kalfus & Nachman

Accident Injury Attorneys



### AWESOME DAY AT SALEM HIGH SCHOOL

Attorney Paul Hernandez spoke to over 200 10th-grade students today on the dangers of **DISTRACTED DRIVING**. We have found that communicating with students early has been most effective and stopped bad driving habits.

Thank you, *Salem High School, SunDevils*



### Take the Quiz

**DISTRACTED DRIVING QUIZ**

**Kalfus & Nachman**

Circle the 4 pictures that are examples of **Distracted Driving**

**Were You a Pro at Identifying Distracted Drivers?**

Request your lanyard today  
@ [mim@knlegal.com](mailto:mim@knlegal.com)  
Subject: Lanyard  
Kalfus & Nachman will send you a lanyard as your daily reminder to **NOT DRIVE DISTRACTED**

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INJURY AND DISABILITY LAWYERS

## It's Our Mother's Day Contest!

**WIN FLOWERS FOR MOM**  
Delivered to her door

**10 LUCKY WINNERS!**  
Value \$75-100 including delivery

[Click Here to Enter!](#)

### Amusement Park Winners!

**Kalfus & Nachman**  
INJURY AND DISABILITY LAWYERS

## CONGRATULATIONS TO THE WINNERS!

# Spring BREAK FUN

1 Robert S. 2 Rochelle S. 3 Brianna E.

**Busch Gardens** | **Kings Dominion** | **Six Flags**

## What Our Clients Are Saying About Us



**Kalfus Nachman**

“ It was excellent legal service, they were very polite, and Kat and Paul were helpful during this time. If I had to use them again, I would recommend them to my friends and family.  
- Cedric G. ”



Paul Hernandez  
★★★★★

Google Reviews ★★★★★

Participate in our monthly contest and like us on **FACEBOOK**



## Office Fun at Kalfus & Nachman!

Good Luck, John!



Happy Anniversary!



Staff Fun!



Celebrating March Birthdays!



With spring in the air, March has seen the return of bike nights across the state and the return of some excellent off-road motorcycle racing with the Virginia Championship Hare Scramble Series. The Law Tigers Virginia enter their fourth year as a platinum sponsor for the series. The VCHSS hosts motorcycle races at different venues across the state and offers a class for everyone from pewee to pro.

Warm weather has us reuniting with our two-wheeled friends as weekly and monthly bike nights reconvene after a winter's slumber. Vintage and new models show up as motorcycle enthusiasts gather to share their passion for motorcycles. Check out our [Facebook](#) page for the latest updates on where to find a bike night near you.



K&N Furry Friends

The firm is covering the cost of the adoption fees \*

Here's Princess! A two-year old lab that loves living the life of luxury! She spends her days in foster care with other dogs and some wonderful humans. She enjoys chasing balls and sniffing flowers. She's loves chasing the water from the hose and has an adorable ability to walk backwards when she's excited!

# Special Deviled Eggs

**Horseradish sauce and sweet relish set these apart from the rest!**

**Ingredients:**

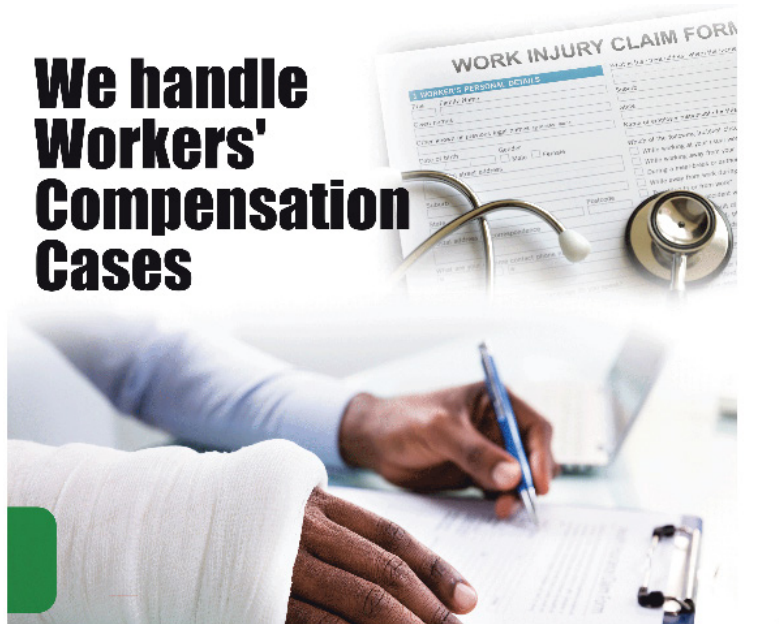
- 6 eggs
- ¼ cup mayonnaise
- 1 tablespoon finely chopped onion
- 1 1/2 tablespoons sweet pickle relish, drained
- 1 ½ teaspoons prepared horseradish (adjust to taste)
- 1 ½ teaspoons prepared mustard
- paprika, for garnish
- salt and pepper to taste

**Directions:**

1. Place eggs in a medium saucepan and cover with cold water. Bring water to a boil and immediately remove from heat. Cover and let eggs stand in hot water for 10 to 12 minutes. Remove from hot water, cool, peel and cut lengthwise.
2. Remove yolks from eggs. In a medium bowl, mash the yolks and mix with mayonnaise, onion, sweet pickle relish, horseradish, and mustard.
3. Fill the egg halves with the yolk mixture using a fork or pastry bag. Garnish with paprika, salt and pepper. Chill until serving.



## We handle Workers' Compensation Cases



**Kalfus & Nachman**  
INJURY AND DISABILITY LAWYERS

Always have our number handy!

Add our Number to your contacts with a Simple Click

**ADD OUR NUMBER TO YOUR PHONE**

 A hand holding a smartphone with a contact card for Kalfus & Nachman. The card displays the firm's name and logo. The phone is held against a dark background with a red circular highlight around the contact card.

- Save to your Android  Save to your iPhone 
1. Tap Link Below  
2. Tap "Download"  
3. Tap "Open"  
4. Tap "Add to Contact"
1. Tap Link Below  
2. Tap "Create New Contact"



# Thank You FOR YOUR REFERRAL

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.



**Watch Legal Matters on WAVY & FOX**  
**MAY 4 & MAY 18**  
**@ 10 am & 11 am**



**Norfolk**  
Military Circle  
870 North Military  
Highway,  
Suite 300  
Norfolk, VA 23502

**Roanoke**  
Southwest Virginia  
1322 Plantation Road  
Roanoke, VA 24012

**Newport News**  
11719 Jefferson Ave.  
Newport News,  
VA 23606



**Watch Case by Case on WTKR News**  
**MAY 3 & MAY 17**

**Channel 3**  
**@ 10 am**

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