



Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation
Se Habla Español

1-888-HURTLINE



November Newsletter 2022

www.kalfusnachman.com

Page 1

November 2022, Vol 88

Your November Message From Attorney Paul Hernandez



[Click here to play the video](#)

6 Tips for Your Thanksgiving Road Trip

If you're traveling with your family for Thanksgiving, you are most definitely not alone! Last year the Automobile Association of America predicted that 48.3 million Americans would be on the road for this holiday and this year it's expected to be even higher. In fact, the day before Thanksgiving is the biggest travel day of the year. With a little bit of preparation, getting to your holiday destination can be half the fun. Below are six tips for a safe and smooth trip.



1. **Plan your road trip.** Keeping in mind that there will be plenty of company on the road, choose a route that will avoid major cities and other highly congested highways. Try to time your trip to avoid peak times like rush hour. If your schedule permits, leave on Tuesday instead of Wednesday and consider returning on Monday or Tuesday the following week.
2. **Prep your car.** If you're anywhere near due, get your oil changed and have your car inspected for basic wear items like tires and brakes. Top off all fluid levels including windshield wiper, transmission, etc.

....continued on page 2

Our Offices

Norfolk
Military Circle
870 North Military
Highway,
Suite 300
Norfolk, VA 23502
757.461.3303

Newport News
11719 Jefferson Ave.
Newport News,
VA 23606
757.245.4878

Roanoke
Southwest Virginia
1322 Plantation Road
Roanoke, VA 24012
540.343.4878

Call 1-888-hurtline or
visit us
www.kalfusnachman.com

We service Virginia and
North Carolina

Follow us...



....continued from page 1 **6 Tips for Your Thanksgiving Road Trip**

3. **Use a real-time GPS.** This will re-route you if an accident or big traffic jam happens.
4. **Pack food and entertainment for children.** You may be able to time your trip so that little ones will sleep for the first leg. Once they're up, have plenty of car-friendly games, DVDs, and activities for them to enjoy. Timeless games such as I Spy, and 20 Questions are fun and pass the time. Many children (and adults) also enjoy listening to books. And don't forget the snacks! Have water and easy to eat, low-sugar treats like granola bars and mini boxes of raisins or nuts.
5. **Stop regularly.** It's best to plan to pull over every two-three hours. This will give everyone a chance to use the bathroom and get out and stretch. It will also help the driver stay alert. It's not worth the risk of zoning out or falling asleep behind the wheel to reach your destination an hour earlier.
6. **Take an emergency kit.** Don't leave home without a basic kit supplied with a flashlight, batteries, cell phone charging block, blanket, flares and a first aid kit in case you get stuck on the road.

We wish all our clients a safe and Happy Thanksgiving!

If you or a family member has been injured in a pedestrian accident, bicycle accident or car accident or any personal injury, or has been denied Social Security Disability benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **888-Hurtline (487-5463)** for your initial free consultation. Kalfus & Nachman PC, Personal Injury attorney in Norfolk, can help you determine whether you need a lawyer for any personal injury case.

ANGELA MILLER BES BIG CHRIS COLIN'S DAD

DADDY DEREK KAHLER EUGENE HAILSIP FRANK HAILSIP

QUENTIN LURAY BROWN VALERA M. BROWN RON CASWELL ROB

CROSS RONALD LURAY BROWN DAVID WETHORE VETERANS DAY DAD

JANAR WALKER JANE AND CHI KENNETH HAAS KENNETH HAILSIP KEVIN KAHLER

LIL CHRIS ARMY LITTLE CHRIS NAVY LOUISE WALKER MUNCH DAD VETERANS DAY

KALFUS & NACHMAN'S FAMILY OF VETERANS
THANK YOU VETERANS
 ★★ HONORING ALL WHO SERVED ★★

Kalfus & Nachman
Accident Injury Attorneys

Kalfus & Nachman

12 days of Christmas with Ernie "Elf on a Shelf"



Ernie is back, and for 12 days we will be giving away gift cards daily if the question is answered correctly on Facebook Comments. \

4th Annual Busch Gardens Christmas Town Ticket Giveaway

We are giving 4 winners 2 tickets to Busch Gardens Christmas Town.

Celebrate the Season at Virginia's Largest Light Show at Busch Gardens, Williamsburg, VA!

Spectacular Holiday Shows
Visit Santa's Workshop to see Santa and Rudolph
Board the Lighted Train
Shopping and Food for Everyone

click here to enter




5TH ANNUAL FOOTBALL TICKET GIVEAWAY

CONGRATULATIONS

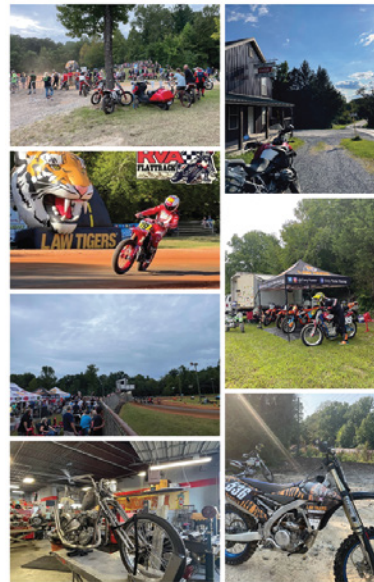
STEPHANIE A.

TICKET



Kalfus & Nachman

INJURIES AND DISABILITY LAWYERS



With dry and desirable conditions, bike night has seen excellent turn outs as several host their final event of the season. Virginia Revolution Run completed their season with live music and a fundraiser for the Colonia Heights Fire Department. The Garage Brewery in Chesapeake has had a great turnout this season for riders of all types and will continue once warm temperatures return. RVA Bike night has seen success in their new location at River City Roll and continues to draw motorcycle riders on Wednesday nights as they plan to go through the winter.

We supported the Red Cross Blood Drive at Richmond Harley Davidson providing snacks and swag for generous donors. The Outer Banks Motorcycle Rally provided an opportunity for our partner Monty Hill to show off his custom drag bike and connect with riders from across the Mid-Atlantic. With 2023 nearing closer, new models are starting to show up at dealers. Demo trucks are touring the country with 2023 models and provide an opportunity to try out the latest and greatest motorcycles from every manufacturer. With so many great motorcycles ready to debut, we can't wait to see what is in store for 2023.

What Our Clients Are Saying About Us



“ I was unaware of having to reimburse my health insurer for what they paid out for my injuries, but I understand why they are to be reimbursed. My attorney Chris Jacobs stepped up the communication with me and made sure I had access to reach him directly. Chris worked hard and settled my case while exceeding my expectations. I would recommend Chris Jacobs if you need a great attorney.

- Vaughn G. ”



Chris Jacobs



Participate in our monthly contest and like us on **FACEBOOK**



K&N **Furry Friends**

The firm is covering the cost of the adoption fees *

This lucky lady spends her days in a foster home! She is only about 3 years old, and she originally came to our shelter as a stray. In her foster home, she spends her days catching rays on the couch and playing at the playground with the kids in the home.

Office Fun at Kalfus & Nachman!



Celebrating November Birthdays!

Hitting the Lanes for Our November Staff Outing



Halloween Office Fun



Creamy Make-Ahead Mashed Potatoes

A great time saver for preparing your holiday feast

INGREDIENTS

- 3½ pounds Russet potatoes
- 2 cups heavy cream
- 8 tablespoons unsalted butter, divided
- 1½ teaspoons salt
- Chives, for serving

INSTRUCTIONS

Preheat the oven to 450°F and adjust oven rack to the middle position. Place the potatoes directly on the oven rack. Bake until very soft, 50 to 60 minutes. (Err on the side of overcooking.)

....continued on page 7



....continued from page 6 **Creamy Make-Ahead Mashed Potatoes**

While still hot, cut each potato in half lengthwise. Using an oven mitt to hold the hot potatoes, scoop out the flesh into the bowl of a stand mixer fitted with the paddle attachment (*see note for other options). The flesh near the skin gets a little tough, so be sure to leave it behind. Break the cooked potato flesh down into small pieces using a potato masher or fork. Beat on low until smooth and no lumps remain. (Note: it's important to mash the potatoes while they are still hot, otherwise you'll end up with lumps.)

Meanwhile, in a small saucepan over medium heat, bring the cream and 6 tablespoons of the butter to a simmer.

Using a large rubber spatula, gradually fold in the hot cream and butter mixture. Keep folding until the potatoes are smooth and creamy. Stir in the salt and adjust seasoning, if necessary. Transfer the mashed potatoes to a large microwave-safe bowl and cover tightly with plastic wrap (the bowl should be large enough that the potatoes don't touch the plastic wrap). Refrigerate for up to 2 days. (DO NOT FREEZE)

To reheat, use the tip of a knife to poke about 10 holes in the plastic wrap, and microwave at medium-high (75 percent) power until the potatoes are hot, about 14 minutes, stirring halfway through. Taste and adjust seasoning, if necessary. Transfer the mashed potatoes to a serving dish, top with the remaining 2 tablespoons of butter, and sprinkle with the chives. Serve hot.

NOTE

If you don't have a stand mixer, you can use a hand-held electric mixer. If you don't have an electric mixer, pass the potatoes through a food mill or potato ricer, and then whip by hand with a wooden spoon.

Recipe courtesy of Onceuponachef.com

**We handle
Workers'
Compensation
Cases**

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

**Always have
our number
handy!**

Add our Number
to your contacts
with a Simple Click

**ADD OUR NUMBER
TO YOUR PHONE**

Save to your Android

1. Tap Link Below
2. Tap "Download"
3. Tap "Open"
4. Tap "Add to Contact"

Save to your iPhone

1. Tap Link Below
2. Tap "Create New Contact"



Thank You FOR YOUR REFERRAL

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Legal Matters December 1st and 15th



Tune in for a double dose of Legal Matters on
WAVY and FOX at 10 AM & 11 AM



Norfolk

Military Circle
870 North Military
Highway,
Suite 300
Norfolk, VA 23502

Roanoke

Southwest Virginia
1322 Plantation Road
Roanoke, VA 24012

Newport News

11719 Jefferson Ave.
Newport News,
VA 23606

Case by Case November 7th and 21st



Case by Case on WTKR News
Channel 3 @ 10 am

Disclaimer: Content of this newsletter may not be used or reproduced without written permission of the author. This newsletter is not intended to replace the services of an attorney. No expressed or implied guarantees have been made or are made by the author or publisher. Information in this newsletter is for informational purposes only and is not a substitute for professional legal advice.



Powered by Blue Orchid Marketing, Inc.